FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington D.C. 20549

vvasinigton,	D.C. 2004.

	OMB APPRO	VAL						
	OMB Number:	3235-0287						
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	Check this box if no longer subject to
١	Section 16. Form 4 or Form 5
ı	obligations may continue. See
	Instruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							. ,													
Name and Address of Reporting Person* Croonstruct Vycoppe				2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)								
Greenstreet Yvonne													X	Directo	r		10% Ov	vner		
(Last) (First) (Middle) C/O PACIRA BIOSCIENCES, INC.						3. Date of Earliest Transaction (Month/Day/Year) 06/05/2019									Officer below)	(give title		Other (s below)	specify	
5 SVI VA	N WAY	SUITE 300																		
5 SYLVAN WAY, SUITE 300					_ 4. I1	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)														X	Form f	iled by One	. Ren	orting Perso	n	
PARSIPI	PANY I	ŊJ	07054											Λ		iled by Mor		n One Repo		
(City)	(State)	(Zip)																	
		Tab	le I - No	n-Deri\	/ative	Se	curitie	s Ac	quired, I	Disp	osed c	of, or Be	nefi	cially	Owned					
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution E ay/Year) if any		ecution Date,		Transaction Disposed Code (Instr. 5)		ities Acquired (A) or d Of (D) (Instr. 3, 4 ar				es For ally (D) Following (I) (m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) o (D)	r _{Pr}	ice	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 06/05/2				5/2019	2019		A		4,134	4,134 ⁽¹⁾ A \$		0.00	9,761			D				
		7	able II -						uired, Di , option:						Owned					
	I -	1				Can	-		•								. 1		1	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transa Code (8)		of I		5. Date Exercisable and Expiration Date Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		E	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Cada	,,			Date Evereinable		xpiration		Amo or Num of	ber						
			 		Code	V	(A)	(D)	Exercisable	10	ate	Title	Shar	es					-	
Stock Option (Right to	\$43.54	06/05/2019			A		8,437		(2)	00	6/05/2029	Common Stock	8,4	37	\$0.00	8,437		D		

Explanation of Responses:

- 1. Represents restricted stock units that vest on June 3, 2020, provided that the reporting person remains in continuous service with the issuer through the vesting date. Each restricted stock unit represents the contingent right to receive one share of the issuer's common stock.
- 2. The stock option vests and becomes exercisable on the first anniversary of the grant date, provided that the reporting person remains in continuous service with the issuer through the vesting date.

Remarks:

/s/ Kristen Williams, Attorneyin-Fact

06/06/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.