FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average b	urden								
1	hours por rosponso:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  STACK DAVID M						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [ PCRX ]								Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner					
	`	irst) CIENCES, INC. UITE 300	(Middle)				of Earliest 2019	Trans	action (Month/Day/Year)					X Director 10% Owner  X Officer (give title Other (speci below) below)  CEO and Chairman					(specify
(Street) PARSIPPANY NJ 07054 (City) (State) (Zip)				_   4. _	If Amendment, Date of Original Filed (Month/Day/Year)											son			
(Oity)		<u> </u>		on-Der	ivativ	<u></u>	acurities	. Δc	auirea	1 Di	ennead d	of or Re	nefic	ially	Owned				
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da			action	tion 2A. Deemed Execution Date,		3. Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 au			5. Amount of		y	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A) or (D)	Price	)	Transactio (Instr. 3 an				(11150.4)
Common Stock 06/04/20					4/2019	019		S		12,385(1	l) D	\$42	2.91	121,531 <sup>(2)</sup>		D			
Common Stock 06/05/20				5/2019	019		A		23,700(3	B) A	\$0.	.00	145,2	231		D			
Common Stock														18,5	96		I	By Stack Schroon Mohawk FLP <sup>(4)</sup>	
Common Stock															1,208		I		By LCK Investment LLC <sup>(4)</sup>
			Table II								posed of converti				Owned				
1. Title of Derivative Security (Instr. 3)	ve Conversion Date Execution Date, or Exercise (Month/Day/Year) if any		4. Transa Code ( 8)		Derivative		6. Date Exerci Expiration Da (Month/Day/Yo		ite	7. Title and Amor of Securities Underlying Derivative Secur (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Num derivati Securit Benefic Owned Followi Reporte	ive ies cially ng ed	10. Ownersh Form: Direct (D or Indire (I) (Instr.	Beneficial Ownership ct (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amou or Numb of Sha	ber	Transad (Instr. 4				
Stock Option (Right to Buy)	\$43.54	06/05/2019			A		142,100		(5)		06/05/2029	Common Stock	142,	100	\$0.00	142,	,100	D	

## Explanation of Responses:

- $1. \ Represents \ shares \ sold \ by \ the \ reporting \ person \ to \ cover \ tax \ obligations \ upon \ the \ vesting \ of \ restricted \ stock \ units.$
- 2. Includes 233 shares of common stock acquired under the issuer's employee stock purchase plan in December 2018.
- 3. Represents restricted stock units that vest in four equal annual installments beginning on June 3, 2020, provided that the reporting person remains in continuous service with the issuer as of each vesting date. Each restricted stock unit represents the contingent right to receive one share of the issuer's common stock.
- $4.\ Mr.\ Stack\ is\ the\ general\ partner\ of\ Stack\ Schroon\ Mohawk\ FLP.\ Mr.\ Stack\ and\ his\ wife\ are\ the\ owners\ of\ LCK\ Investment\ LLC.$
- 5. The stock option vests and becomes exercisable as to 25% of the option shares on the first anniversary of the grant date, and vests as to the remaining shares in successive equal quarterly installments over the subsequent three years, provided that the reporting person remains in continuous service with the issuer as of each vesting date.

## Remarks:

/s/ Kristen Williams, Attorney-

06/06/2019

<u>in-Fact</u>

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.