## FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. <i>See</i> Instruction 1(b).
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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			of Section So(if) of the investment company Act of 1340				
1. Name and Address of Reporting Person <sup>*</sup> Riker Lauren Bullaro			2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Pacira BioSciences, Inc.</u> [ PCRX ]		ationship of Reporting P k all applicable) Director	Person(s) to Issuer 10% Owner	
(Last) (First) (Middle) C/O PACIRA BIOSCIENCES, INC.		( <i>'</i> ,	3. Date of Earliest Transaction (Month/Day/Year) 06/06/2023	X	Officer (give title below) Senior Vice Presiden	Other (specify below) ent, Finance	
5401 WEST KENNEDY BOULEVARD, SUITE 890			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indi Line) X	, ,		
(Street)	ET.	22000			Form filed by More th Person	an One Reporting	
TAMPA	FL	33609	Rule 10b5-1(c) Transaction Indication	,			
(City)	(State)	(Zip)	Check this box to indicate that a transaction was made pursuan satisfy the affirmative defense conditions of Rule 10b5-1(c). See			plan that is intended to	

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transac Code (Ir 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	06/06/2023		S		<b>591</b> <sup>(1)</sup>	D	\$38.991	19,669 <sup>(2)</sup>	D	
Common Stock	06/07/2023		S		<b>616</b> <sup>(1)</sup>	D	\$37.865	19,053	D	

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 3A. Deemed 6. Date Exercisable and 7. Title and 8. Price of 9. Number of 11. Nature 3. Transaction 10. 5 Derivative Conversion Date Execution Date Number Expiration Date Amount of Derivative Ownership of Indirect Trai action derivative (Month/Dav/Year) (Month/Day/Year) Security or Exercise if anv Code (Instr. of Securities Security Securities Form: Beneficial 8) Direct (D) or Indirect Ownership (Instr. 4) (Instr. 3) Price of (Month/Day/Year) Derivative Underlying (Instr. 5) Beneficially Derivative Securities Derivative Owned Acquired (A) or Disposed Security (Instr. 3 and 4) Following Reported Security (I) (Instr. 4) Transaction(s) of (D) (Instr. 3, 4 (Instr. 4) and 5) Amount or Number Expiration Date Date of v Title Shares Code (A) (D) Exercisable

Explanation of Responses:

1. Represents shares sold by the reporting person to cover tax obligations upon the vesting of restricted stock units.

2. Includes 408 shares of common stock acquired under the issuer's employee stock purchase plan in June 2022.

**Remarks:** 

#### /s/ Kristen Williams, Attorney-in-Fact

06/07/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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