FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OMB APPROVAL									
	OMB Number:	3235-0287								
l	Estimated average burden									
l	hours per response	e: 0.5								

	Check this box if no longer subject
\Box	to Section 16. Form 4 or Form 5
\cup	obligations may continue. See
	Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							(, .				inparty Act t										
1. Name and Address of Reporting Person* HASTINGS PAUL J						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
IIII STIIVOS ITIOLIS														- X	X Director			10% Ov	vner		
(Last)	(Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year) 06/05/2023									er (give title w)		Other (s	specify		
C/O PACIRA BIOSCIENCES, INC.						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable							
5401 WEST KENNEDY BOULEVARD, SUITE					4. II Amendment, Date of Original Filed (Month/Day/Teal)								Line)								
890													X	X Form filed by One Reporting Person							
050															Form filed by More than One Reporting						
(Stroot)															Person						
(Street) TAMPA	FL	3.	3609		Dula 10hF 1(a) Transaction Indication																
IAMIA	IAIVIPA FL 33009							Rule 10b5-1(c) Transaction Indication													
	his box	to ind	icate that	a tran	saction was r	nade pu	ırsuani	to a con	tract, inst	truction or wr	itten pla	an that is int	ended to								
(City) (State) (Zip) Check this box to indicate that a transaction was made satisfy the affirmative defense conditions of Rule 10b																					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
		Table	I - INC					ACC		פוט ו	-				y Owi	ieu					
1. Title of	Security (Ins	tr. 3)		2. Transaction		on 2A. Deemed Execution Date.			3. 4. Securities Acquired (A) Transaction Disposed Of (D) (Instr. 3,					A) or	or 5. Amount of 4 and Securities				7. Nature of Indirect		
				(Month/Day/	Year) if any			,	Code (Instr. 5)			/i (D) (ii	11511. 3	, 4 anu	Beneficially		(D) or	r	Beneficial		
'					(Month/Day/Year)			8)					Owned				Ownership (Instr. 4)				
										(A) or Drice			Reported Transaction(s)		(.,					
									Code	\ \	Amount	(D)	" Pr	ice		3 and 4)					
Common Stock 06/05/20						023					580	D	\$	38.339	39 6,599			D			
		Tah	ـ اا ما	- Derivativ	vo Soc	viit	ioc /	/cai	ired F	lien	osed of	or Bo	nofi	cially	Owne	vd		<u> </u>			
		Tab	ie ii -								convertib				OWITE	u					
1. Title of	2.	3. Transaction	3A. D	eemed	4.		5.		6. Date Exercis		isable and	7. Title and		8.1	Price of	9. Number	of 1	10.	11. Nature		
Derivative	Conversion	Date	Execu	Execution Date,		ction	Number		Expiration Date		ate	Amount o		De	rivative	derivative		Ownership	of Indirect		
Security (Instr. 3)					Code (Instr 8)		of Derivative		(Month/Day/Year) Securities Underlying						curity str. 5)	Securities Beneficially		Form: Direct (D)	Beneficial Ownership		
` ,				Sec Acc (A) Dis of (Securities Acquired (A) or Disposed		Derivative				`	•	Owned Following Reported Transaction(s) (Instr. 4)			(Instr. 4)				
								Security (Instr. 3 and			14)										
						(Insti	r. 3, 4								(111511. 4)						
								5)				<u> </u>		_							
													Amo	unt							
												or Num	ber								
					Code V		(A) (D)		Date Exercisable		Expiration Date	of Title Sha		es							
					Code V		L (* ')	ردا_	Exercisable				الماري]					

Explanation of Responses:

Remarks:

/s/ Kristen Williams, Attorney-in-Fact

06/07/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.