FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OMB APPROVAL								
	OMB Number:	3235-0287							
l	Estimated average burden								
l	hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					_		.,				iipaiiy Act c										
Name and Address of Reporting Person* Brege Laura						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]								(Cl	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
<u>Drege Eddra</u>														_	X	Direc	tor		10% Ov	vner	
(Last)	(Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 06/05/2023										Office below	er (give title v)		Other (s below)	specify	
C/O PACIRA BIOSCIENCES, INC.						4 If Assessment Data of Original Filed (Manth 12 A)									6. Individual or Joint/Group Filing (Check Applicable						
					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual of Joint/Group Filing (Check Applicable Line)							
5401 WEST KENNEDY BOULEVARD, SUITE														- 1	X Form filed by One Reporting Person						
890															Form filed by More than One Reporting						
(Street)						_									Person						
TAMPA	•				Rule 10b5-1(c) Transaction Indication																
(City)	(State) (Zip) X Check this box to indicate that a transaction was made pursuant to a content to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Institute to the content of the content																				
		Table	- No	n-Deriva	tive Se	ecur	rities	Acq	uired,	Dis	posed of	f, or	Ber	neficia	ally	Own	ed				
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)					Execution D			Oate,	3. Transaction Code (Instr. 8)		4. Securities Acquired (ADisposed Of (D) (Instr. 35)			d (A) or r. 3, 4 aı	8, 4 and Secu Bene Own Follo		cially ing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A (C	() or ()	Price	T	Reported Transaction(s) (Instr. 3 and 4)					
Common Stock 06/05/20						2023			S ⁽¹⁾		600	D \$		\$38.7	74	9,547			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
				(e.g., pu	ts, cal	ls, v	varra	ants,	option	ıs, c	onvertib	ole s	ecu	rities)						
1. Title of Derivative Security (Instr. 3)	ive Conversion Date Execution Date, or Exercise (Month/Day/Year) if any			tion Date,	4. Transaction Code (Instr. 8)		Secu Acqu (A) o Disp of (D	vative irities iired ir osed) r. 3, 4	6. Date Exercisable an Expiration Date (Month/Day/Year)		te	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and		of G G	8. Price Derivati Security (Instr. 5		tive derivative Securities		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code		v	(A)	(D)	Date Exercisa	able	expiration of		nount mber ares								

Explanation of Responses:

1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan previously adopted by the reporting person in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934.

Remarks:

/s/ Kristen Williams, Attorney-in-Fact 06/07/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.