Instruction 1(b)

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number: 3235-028 Estimated average burden									
	hours per response:	0.5								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* McLoughlin Dennis					2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]									Checl	k all applic Directo	,		son(s) to Issuer 10% Owner Other (specify		
	CIRA BIOS	irst) CIENCES, INC. EDY BOULEVA		ITE 890		3. Date of Earliest Transaction (Month/Day/Year) 06/06/2022								X	below)	.0	below) tomer Officer		poony	
(Street) TAMPA (City)	FI		33609 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								. Indi ⁱ ine) <u>X</u>	Form fi	ual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date)				ction	etion 2A. Dee Execution (ay/Year) if any		A. Deemed xecution Date,		3. Transaction Code (Instr.		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4)		or 5. Amou Securities Benefici		nt of s ally following	Form (D) o	n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price		Transact (Instr. 3	ion(s)			(Instr. 4)	
Common Stock 06/06/2					/2022				s 2,140 ⁽¹⁾ D \$61.374 31,820 ⁽²⁾		320(2)		D							
Common Stock 06/08/2					/2022	22 A 7,950 ⁽³⁾ A \$0.00 39,770		770		D										
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemo Execution if any (Month/Da	Date, T	ransaction ode (Instr.		n of		6. Date Exercisab Expiration Date (Month/Day/Year)		of Securities		ies g Securit	D S	B. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transactior (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amour or Number of Shares	er	r					
Stock Option (Right to Buy)	\$59.39	06/08/2022			A		19,900		(4)		06/08/2032	Common Stock	19,90	0	\$0.00	19,900		D		

Explanation of Responses:

- 1. Represents shares sold by the reporting person to cover tax obligations upon the vesting of restricted stock units.
- 2. Includes 258 and 161 shares of common stock acquired under the issuer's employee stock purchase plan in June 2021 and December 2021, respectively.
- 3. Represents restricted stock units that vest in four equal annual installments beginning on June 3, 2023, provided that the reporting person remains in continuous service with the issuer as of each vesting date. Each restricted stock unit represents the contingent right to receive one share of the issuer's common stock
- 4. The stock option vests and becomes exercisable as to 25% of the option shares on the first anniversary of the grant date, and vests as to the remaining shares in successive equal quarterly installments over the subsequent three years, provided that the reporting person remains in continuous service with the issuer as of each vesting date.

Remarks:

/s/ Kristen Williams, Attorneyin-Fact

** Signature of Reporting Person

06/08/2022

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.