FORM 4

Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b).

Check this box if no longer subject to

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
vvasimigton,	D.C.	20343

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* GAUGLER DARYL (Last) (First) (Middle)					3. Da	Susuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX] Date of Earliest Transaction (Month/Day/Year)									Relationship leck all appl Director X Officer below	icable) or r (give title	ng Per	rson(s) to Is 10% Ov Other (s below)	vner
l ` ′	CIRA BIOS	,	(iviluule)		05/3	05/31/2023									C	Chief Operating Officer			
5401 WEST KENNEDY BOULEVARD, SUITE 890					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person				
(Street)	T.		22600											Form filed by More than One Reporting Person					
TAMPA	FI		33609		Rul	Rule 10b5-1(c) Transaction Indication													
(City)	(Si	tate)	(Zip)		X	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Tabl	e I - No	n-Deriv	ative :	Sec	urit	ies Ac	quired,	Dis	posed (of, or I	3en	eficia	lly Owne	d			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D			ay/Year) if a		A. Deemed Execution Date, f any Month/Day/Year)		Transaction D Code (Instr. 5)			curities Acquired (A) osed Of (D) (Instr. 3,			Benefic Owned	es ially Following	Forn (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount	(A) or (D)		Price	Transac	Reported Transaction(s) (Instr. 3 and 4)					
Common Stock			05/31/	1/2023				M ⁽¹⁾		2,50	0 .	A \$34		26	26,894		D		
Common Stock 05/			05/31/	/2023	2023		S ⁽¹⁾		2,50	0]	D	\$39.0	08 24,	,591 ⁽²⁾		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year		4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership tt (Instr. 4)
					Code	v	(A)	(D)	Date Exercisab		xpiration ate	Title	N O	Amount or Number of Shares					
Stock Option (Right to Buy)	\$34	05/31/2023			M ⁽¹⁾			2,500	(3)	0	6/04/2023	Commo Stock		2,500	\$0.00	0		D	

Explanation of Responses:

- 1. The option exercises and sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan previously adopted by the reporting person in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934.
- 2. Includes an aggregate of 197 shares of common stock acquired under the issuer's employee stock purchase plan in June 2022 and December 2022.
- 3. The stock option vested in equal monthly installments over one year following the grant date, provided that the reporting person remained in continuous service with the issuer as of each vesting date.

Remarks:

/s/ Kristen Williams, Attorneyin-Fact
** Signature of Reporting Person

06/02/2023

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.