FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL											
OMB Number: 3235-02											
Estimated average burden											
hours per response:	0.5										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* CHRISTIE CHRISTOPHER						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]								Relationship heck all appl X Direct	icable)	ng Per	son(s) to Iss		
	CIRA BIOS	CIENCES, INC.		TE OOO	06/	3. Date of Earliest Transaction (Month/Day/Year) 06/08/2022								Office below	r (give title		Other (s	specify	
5401 WEST KENNEDY BOULEVARD, SUITE 890 (Street) TAMPA FL 33609					4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)								ne) X Form Form	·				
(City)	(Si	tate) ((Zip)											1 0100	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Execution Date,			Code	Transaction Disposed Of (D) (Instr. 5)			red (A) or str. 3, 4 an	Benefic	ies ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	nt (A) or (D)		Transa	saction(s) r. 3 and 4)			(50 4)	
Common Stock 06/08/2					8/2022	2022		A		1,160	1,160 ⁽¹⁾ A		00 3	3,486		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transa Code (8)		of		6. Date Exercisa Expiration Date (Month/Day/Yea		•	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price o Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares						
Stock Option (Right to Buy)	\$59.39	06/08/2022			A		8,225		06/08/20	23	06/08/2032	Common	8,225	\$0.00	8,225	5	D		

Explanation of Responses:

1. Represents restricted stock units that vest on June 3, 2023, provided that the reporting person remains in continuous service with the issuer through the vesting date. Each restricted stock unit represents the contingent right to receive one share of the issuer's common stock.

Remarks:

/s/ Kristen Williams, Attorney-06/08/2022 in-Fact ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.