FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
- 1	hours per reconence:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last)	C/O PACIRA BIOSCIENCES, INC.					Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX] Date of Earliest Transaction (Month/Day/Year) 11/13/2020								neck all appli Direct	or 10% Owne r (give title Other (spec			vner	
5 SYLVAN WAY, SUITE 300 (Street) PARSIPPANY NJ 07054 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)							Lin	e) X Form Form Perso	Form filed by More than One Reporting Person				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date					action	ction 2A. Exe		ecurities Acc 2A. Deemed Execution Date, if any (Month/Day/Year)		ction Instr.	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		i (A) or	5. Amor Securiti Benefic Owned Reporte	mount of urities eficially ned Following orted		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	V	Amount	(A) or (D)	Price	(Instr. 3	Transaction(s) (Instr. 3 and 4)				
Common Stock 11/13/2									M ⁽¹⁾		25,000	A	\$42.5	4 39	39,000		D		
Common Stock 11/13/2						2020			S ⁽¹⁾		4,000	D	\$62.67	7(2) 35	35,000		D		
Common Stock 11/13/2					3/2020	2020		S ⁽¹⁾		21,000	D	\$63.53	L ⁽³⁾ 14	14,000		D			
1. Title of Derivative Security (Instr. 3)	Title of 2. 3. Transaction 3A. Deem Execution curity or Exercise (Month/Day/Year) if any		(e.g.,)	e.g., puts, ca 4. Transactio Code (Inst				, optio	ns, Exerci	convertil		d Amount ies g Security	1	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
Stock					Code	v	(A)	(D)	Exercisa	able	Date	Title	Shares						
Option (Right to Buy)	\$42.54	11/13/2020		М		25,000		(4)		07/02/2029	Common Stock 25,		\$0.00	150,000		D			

Explanation of Responses:

- 1. The option exercises and sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan previously adopted by the reporting person in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$62.000 to \$62.995, inclusive. The reporting person undertakes to provide to the issuer, any shareholder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes 2 and 3.
- $3.\ The\ price\ reported\ in\ Column\ 4\ is\ a\ weighted\ average\ price.\ These\ shares\ were\ sold\ in\ multiple\ transactions\ at\ prices\ ranging\ from\ \$63.005\ to\ \$63.990,\ inclusive.$
- 4. The stock option vested and became exercisable as to 25% of the option shares on the first anniversary of the grant date, and vests as to the remaining shares in successive equal quarterly installments over the subsequent three years, provided that the reporting person remains in continuous service with the issuer as of each vesting date.

Remarks:

/s/ Kristen Williams, Attorney-

11/17/2020

in-Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.