FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

lashington, D.C. 20)549
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STATEMENT	OF CHANGE	S IN BENEFIC	IAL OWNERSH	IΡ

OMB APPROVAL									
OMB Number: 3235-0287									
Estima	Estimated average burden								
hours p	er response	e: 0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Froimson Mark				2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]								k all app	tionship of Reporting P : all applicable) Director Officer (give title below)		rson(s) to Is				
(Last) (First) (Middle) C/O PACIRA BIOSCIENCES, INC.					3. Date of Earliest Transaction (Month/Day/Year) 03/15/2021											Other (s	specify		
5 SYLVAN WAY, SUITE 300					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person							
(Street) PARSIPI	PANY N	J 0	7054											X		filed by Mo		J	
(City)	(5	tate) (Z	Zip)																
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or B	Benef	icially	y Own	ed			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date)			Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acqu Disposed Of (D) (in 5)					5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership					
						Code	v	Amount	(A) or (D) Pr		ice	Transa	ransaction(s) nstr. 3 and 4)			(Instr. 4)			
Common	Stock			03/15/2	2021		S		734	D	\$	72.26	.26 5,242			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	ve Conversion Date Execution Date, or Exercise (Month/Day/Year) if any			5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		De Se (In	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transactio (Instr. 4)	ly O Fo O (I)	0. Ownership Form: Direct (D) or Indirect I) (Instr. 4)	Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amou or Numb of Share	er					

Explanation of Responses:

Remarks:

/s/ Kristen Williams, Attorney-in-Fact

03/17/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.