FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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	OMB APPI	OMB APPROVAL									
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l	OMB Number:	3235-0287									
l	Estimated average burden										
l	hours per response	0.5									

	Check this box if no longer subjec
	to Section 16. Form 4 or Form 5
\cup	obligations may continue. See
	Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* McLoughlin Dennis						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX] 3. Date of Earliest Transaction (Month/Day/Year)									ationship of Repor k all applicable) Director Officer (give title below)		10% (Owner (specify	
(Last) (First) (Middle) C/O PACIRA BIOSCIENCES, INC.					06/06/2023										Chief Customer Officer					
5401 WEST KENNEDY BOULEVARD, SUITE 890					4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					son	
(Street)	` '														Form filed by More than One Reporting Person					
	TAMPA FL 33609				Rule 10b5-1(c) Transaction Indication															
(City) (State) (Zip)					Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.															
		Table	I - No	on-Deriva	tive S	ecur	ities	Acc	uired,	, Dis	sposed of	, or E	Benefi	cially	/ Owr	ned				
1. Title of Security (Instr. 3) 2. Transactio Date (Month/Day/N					Execution Date,			_ ′				s Acquired (A) or f (D) (Instr. 3, 4 ar		and Secur Benef Owner Follov		icially d <i>r</i> ing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) o (D)	Price	•		orted saction(s) r. 3 and 4)				
Common)23				S		1,014 ⁽¹⁾	D	\$38	38.991 3		9,172(2)		D						
Common Stock 06/07/20)23			S		1,057(1)	D	\$37	865 38,1		B,115 D		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)					ansaction of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and		unt				10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

- $1. \ Represents \ shares \ sold \ by \ the \ reporting \ person \ to \ cover \ tax \ obligations \ upon \ the \ vesting \ of \ restricted \ stock \ units.$
- 2. Includes an aggregate of 416 shares of common stock acquired under the issuer's employee stock purchase plan in June 2022 and December 2022.

Remarks:

/s/ Kristen Williams, Attorney-in-Fact

06/07/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.