FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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	OMB APPI	OMB APPROVAL								
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l	OMB Number: 3235-02									
l	Estimated average burden									
l	hours per response	0.5								

	Check this box if no longer subject
\Box	to Section 16. Form 4 or Form 5
\cup	obligations may continue. See
	Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* WINSTON ROY					2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]								heck al	elationship of Reportick all applicable) Director Officer (give title below) Chief Med		10% C			
(Last)	, , , , , , , , , , , , , , , , , , , ,				3. Date of Earliest Transaction (Month/Day/Year) 08/02/2023												below)	specify	
C/O PACIRA BIOSCIENCES, INC. 5401 WEST KENNEDY BOULEVARD, SUITE 890				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)							Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting							
(Street) TAMPA	,				Rule 10b5-1(c) Transaction Indication														
(City)	City) (State) (Zip)				Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.											tended to			
		Table	- Non-Deriv	ative S	ecu	rities	Acc	quired,	Dis	posed of	f, or B	enefic	ially (Own	ed				
1. Title of Security (Instr. 3) 2. Transactio Date (Month/Day/N				//Year) i	Execution Date,		·	Transaction Disposed Of Code (Instr. 5)			es Acquired (A) o Of (D) (Instr. 3, 4		and Secu Ben Owr		ially Following	6. Ownership Form: Direct (D) or Indirect (I)		7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount	(A) or (D)	Price	Tr	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(Instr. 4)	
Common	Stock		08/02/2	023	23			S		509 ⁽¹⁾	D	\$34.8	375 5	5 52,440.335(2)			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	ve Conversion Date Execution Date, or Exercise (Month/Day/Year) if any		Code (8)	nsaction le (Instr. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4		nt er				10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)				

Explanation of Responses:

- 1. Represents shares sold by the reporting person to cover tax obligations upon the vesting of restricted stock units.
- $2. \ Includes \ 643.335 \ shares \ of \ common \ stock \ acquired \ under \ the \ issuer's \ employee \ stock \ purchase \ plan \ in \ June \ 2023.$

Remarks:

/s/ Kristen Williams, Attorney-in-Fact 08/04/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.