FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APP	OMB APPROVAL								
	OMB Name Is a second of									
	OMB Number: 3235-0287 Estimated average burden									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Riker Lauren Bullaro</u>						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]									ck all applic Directo	able)	g Pers	son(s) to Iss 10% Ov Other (s	vner	
	,	CIENCES, INC.	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 06/09/2020							X	below)	Vice President, Finance					
(Street) PARSIPE	PANY N.	J	07054 (Zip)		4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Inc Line)	Form f	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					Execution Date,		Code (Transaction Disposed Of (D) Code (Instr. 5)			Acquired (A) or D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	nt (A) or Pi		rice	Transact	Transaction(s) (Instr. 3 and 4)			(
Common Stock 06/09					9/202	/2020		A		4,800	4,800 ⁽¹⁾ A \$		\$0.00	12	12,633		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	Date,	4. Transa Code (8)		of		6. Date Ex Expiration (Month/Da	Date	of Securities			s. Price of Derivative Security Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisab		expiration Pate	Title	or	ount mber ires						
Stock Option (Right to Buy)	\$47.65	06/09/2020			A		12,000		(2)	O	6/09/2030	Common Stock	¹ 12,	,000	\$0.00	12,00	0	D		

Explanation of Responses:

- 1. Represents restricted stock units that vest in four equal annual installments beginning on June 3, 2021, provided that the reporting person remains in continuous service with the issuer as of each vesting date. Each restricted stock unit represents the contingent right to receive one share of the issuer's common stock
- 2. The stock option vests and becomes exercisable as to 25% of the option shares on the first anniversary of the grant date, and vests as to the remaining shares in successive equal quarterly installments over the subsequent three years, provided that the reporting person remains in continuous service with the issuer as of each vesting date.

Remarks:

/s/ Kristen Williams, Attorneyin-Fact

** Signature of Reporting Person Date

06/11/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.