FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPR	OVAL				
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

1. Name and Address of Reporting Person* PACE GARY W						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]								(Che	elationship eck all appli C Directo	cable)	ig Pers	son(s) to Iss 10% O			
(Last)	•	rst) ((Middle)			3. Date of Earliest Transaction (Month/Day/Year) 03/03/2022										Officer below)	(give title		Other (below)	specify	
5401 WEST KENNEDY BOULEVARD, SUITE 890					4. 11	If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable						
(Street) TAMPA FL 33609															Line	Form filed by One Reporting Person Form filed by More than One Reporting				I	
					-										Persoi		re tnar	n One Repo	orting		
(City)	(Si	tate)	(Zip)																		
		Tab	le I - Noi	n-Deriv	ative/	e Se	curiti	ies Ac	qui	ired, [Dis	posed o	of, or B	enefi	ciall	y Owned	i				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						Execution Date,		, 1	Transaction Dispos		Dispose	rities Acquired (A) o ed Of (D) (Instr. 3, 4			5. Amou Securiti Benefici Owned I Reporte	es For ially (D) Following (I) (n: Direct or Indirect ostr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									[Code	v	Amount	t (A) or (D) Pri		rice	Transac	saction(s) r. 3 and 4)			(111501.4)	
Common Stock 03/03/2				3/2022	2022			M		7,000 A \$		10.8	1 136	136,530		D					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,		ansaction ode (Instr.		of I		6. Date Exercisab Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		urity	8. Price of Derivative Security (Instr. 5)		e O' S Fo Ily Di or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exe	e ercisable		xpiration ate	Title	or	ount nber res						
Stock Option (Right to Buy)	\$10.81	03/03/2022			М			7,000		(1)	0	6/04/2022	Common Stock	7,0	000	\$0.00	0		D		

Explanation of Responses:

1. The stock option vested and became exercisable in twelve equal monthly installments, with the first installment being on July 5, 2012.

Remarks:

<u>/s/ Kristen Williams, Attorney-</u>in-Fact

03/07/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.