Instruction 1(b)

FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>LARANJEIRA CHARLES ANTHONY</u>						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [ PCRX ]								Relationship leck all appli Directo	cable) or	g Pers	10% Ov	wner	
(Last) (First) (Middle) C/O PACIRA BIOSCIENCES, INC. 5401 WEST KENNEDY BOULEVARD, SUITE 890							3. Date of Earliest Transaction (Month/Day/Year) 06/06/2022								Officer (give title below)  Chief Techn		Other (s below) Officer	specify	
(Street)	FI		33609	11E 890		If Ame	endment,	Date (	of Origina	al File	d (Month/Da	ıy/Year)	Lin	6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	•	(Zip)	Di-	4:	- 0-		- 4 -				f D-	6: . : . 1	h . O	1				
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)					ction	2/ E ur) if	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transa Code (	ction	4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4		(A) or	5. Amou Securiti Benefic Owned	int of es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
							Code	v	Amount	(A) or (D)	Price	Transac	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)			
Common Stock 06a				06/06/	/2022				S		2,813(1)	D	\$61.37	74 30	30,789		D		
Common Stock			06/08/	06/08/2022				S <sup>(2)</sup>		2,521	D	\$59.08	(3) 28	28,268		D			
Common Stock			06/08/	06/08/2022				S <sup>(2)</sup>		1,633	D	\$60.23	(4) 26	26,635		D			
Common Stock			06/08/	08/2022				S <sup>(2)</sup>		516	D	\$60.99	(5) 26	26,119		D			
Common Stock 06/				06/08/	3/2022				S <sup>(2)</sup>		267	D	\$61.98	25,852			D		
Common Stock 06/0				06/08/	/2022				A		9,900(7)	A	\$0.00	35,752		D			
		•	Table II								oosed of, convertil			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution	ed n Date,	4. Transaction Code (Insti		5. Number of		6. Date I	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title an of Securit Underlyin Derivative (Instr. 3 an	d Amount ies g Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	Owners Form: Direct ( or Indir (I) (Insti	Ownership	Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares						
Stock Option (Right to Buy)	\$59.39	06/08/2022			A		24,800		(8)		06/08/2032	Common Stock	24,800	\$0.00	24,80	0	D		

## **Explanation of Responses:**

- 1. Represents shares sold by the reporting person to cover tax obligations upon the vesting of restricted stock units.
- 2. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan previously adopted by the reporting person in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$58.79 to \$59.65, inclusive. The reporting person undertakes to provide to the issuer, any shareholder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes 3 through 6.
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$59.80 to \$60.76, inclusive.
- 5. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$60.80 to \$61.41, inclusive.
- 6. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$61.92 to \$62.02, inclusive.
- 7. Represents restricted stock units that vest in four equal annual installments beginning on June 3, 2023, provided that the reporting person remains in continuous service with the issuer as of each vesting date. Each restricted stock unit represents the contingent right to receive one share of the issuer's common stock
- 8. The stock option vests and becomes exercisable as to 25% of the option shares on the first anniversary of the grant date, and vests as to the remaining shares in successive equal quarterly installments over the subsequent three years, provided that the reporting person remains in continuous service with the issuer as of each vesting date.

## Remarks:

/s/ Kristen Williams, Attorneyin-Fact

06/08/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.