FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
vvasimigton,	D.C.	20040

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* LARANJEIRA CHARLES ANTHONY						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]									k all applic Directo	able)	g Person(s) to Is 10% O Other (below)		wner			
(Last) (First) (Middle) C/O PACIRA BIOSCIENCES, INC.						3. Date of Earliest Transaction (Month/Day/Year) 06/09/2021									,	v) Chief Technica		,				
5 SYLVAN WAY, SUITE 300							4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable						
(Street) PARSIPPANY NJ 07054															X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(S	tate)	(Zip)												1 613011							
		Tab	le I - Non	-Deriv	ative	e Se	curities	s Acc	quired,	Dis	osed o	f, or Be	nefic	cially	Owned							
1. Title of Security (Instr. 3) 2. Transar Date (Month/D						Execution Date,		Date,	Transaction Disposed		ties Acquired (A) or d Of (D) (Instr. 3, 4 and			5. Amour Securitie Beneficia Owned F Reported	s ally following	Form (D) o	n: Direct r Indirect sstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
									Code	v	Amount	(A) or (D)		rice	Transaction(s) (Instr. 3 and 4)				(50. 4)			
Common Stock 06/09/						/2021		A		7,000	00 ⁽¹⁾ A \$		0.00	25,681			D					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any		4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title at of Securi Underlyii Derivativ (Instr. 3 a	ties ng e Secu		3. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transactior (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)			
					Code	v	(A)		Date Exercisab		expiration Pate	Title	Amo or Num of Shar	ber								
Stock Option (Right to Buy)	\$60.96	06/09/2021			Α		17,500		(2)	0	6/09/2031	Common Stock	17,5	500	\$0.00	17,500	0	D				

Explanation of Responses:

- 1. Represents restricted stock units that vest in four equal annual installments beginning on June 3, 2022, provided that the reporting person remains in continuous service with the issuer as of each vesting date. Each restricted stock unit represents the contingent right to receive one share of the issuer's common stock
- 2. The stock option vests and becomes exercisable as to 25% of the option shares on the first anniversary of the grant date, and vests as to the remaining shares in successive equal quarterly installments over the subsequent three years, provided that the reporting person remains in continuous service with the issuer as of each vesting date.

Remarks:

/s/ Kristen Williams, Attorneyin-Fact

06/11/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.