SEC For	m 4																			
FORM 4 UNITED				D STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549													OMB APPROVAL			
Section 16. Form 4 or Form 5 obligations may continue. See					ed pur:	TOF CHANGES IN BENEFICIAL OWNER d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940													0.5	
1. Name and Address of Reporting Person* WINSTON ROY						2. Issuer Name and Ticker or Trading Symbol <u>Pacira BioSciences, Inc.</u> [PCRX]									ck all applic Directo	able)	g Pers	on(s) to Issu 10% Ow Other (sj	ner	
	ast) (First) (Middle) /O PACIRA BIOSCIENCES, INC. SYLVAN WAY, SUITE 300				_	3. Date of Earliest Transaction (Month/Day/Year) 08/03/2021									below)		below) ief Medical Officer			
(Street) PARSIPPANY NJ 07054					- 4.1	Line) X Form filed by									iled by One iled by Mor	Group Filing (Check Applicable 7 One Reporting Person 7 More than One Reporting				
(City)	(S	tate)	(Zip)	Deri						Die		f								
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D)				action	action 2A. Deer Executio			3. Trans Code	3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)		A) or	5. Amou Securitie Beneficia	nt of 6. O es Forn ally (D) Following (I) (I		r Indirect E str. 4) C	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) or (D) PI		Price	Transaction(s) (Instr. 3 and 4)					
Common Stock 08/03									Α				\$0.00	36,456 ⁽²⁾			D			
		-	Fable II - I (osed of, convertil				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemec Execution I if any (Month/Day	Date,	I. Fransaction Code (Instr. 3)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisa Expiration Date (Month/Day/Yea		e	of Secu Underly Derivat	7. Title and Amount of Securities Jnderlying Derivative Security Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transactie (Instr. 4)	e S Ily I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or Nu of	nount Imber Iares						
Stock Option (Right to Buy)	\$60.79	08/03/2021			A		10,000		(3)	(07/20/2031	Commo Stock	ⁿ 10),000	\$0.00	10,00	0	D		

Explanation of Responses:

1. Represents restricted stock units that vest in four equal annual installments beginning on August 1, 2022, provided that the reporting person remains in continuous service with the issuer as of each vesting date. Each restricted stock unit represents the contingent right to receive one share of the issuer's common stock.

2. Includes 421 shares of common stock acquired under the issuer's employee stock purchase plan in June 2021.

3. The stock option vests and becomes exercisable as to 25% of the option shares on June 20, 2022, and vests as to the remaining shares in successive equal quarterly installments over the subsequent three years, provided that the reporting person remains in continuous service with the issuer as of each vesting date.

Remarks:

<u>/s/ Kristen Williams, Attorney-</u> <u>in-Fact</u> 08/05/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.