FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
- 1	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person* STACK DAVID M						2. Issuer Name <b>and</b> Ticker or Trading Symbol Pacira BioSciences, Inc. [ PCRX ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner						
					_									2						
(Last) (First) (Middle)					3.	Date of Earliest Transaction (Month/Day/Year)								2	X Officer below)	(give tit	itle Other (s <sub>i</sub> below)			
C/O PACIRA BIOSCIENCES, INC.					03	03/31/2022								CEO and Chairman						
5401 WEST KENNEDY BOULEVARD, SUITE 890																				
,						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)	•													X Form filed by One Reporting Person						
TAMPA FL 33609					_										Form filed by More than One Reporting					
(City)	(S	tate)	(Zip)												Person	l				
		Tab	le I - N	on-Deri	vativ	e Sec	curit	ies Ac	quire	d, Di	sposed o	f, or Be	nefici	iall	y Owned					
1. Title of Security (Instr. 3)  2. Transacti Date (Month/Day.				Execution Da		n Date,			s Acquired (A) or of (D) (Instr. 3, 4 and		d	5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership				
									v	Amount (A) or Price Transac		Reported Transaction (Instr. 3 and				(Instr. 4)				
Common Stock 03/31				03/31/	2022				<b>M</b> <sup>(1)</sup>		22,500	A	\$10.8	81	145,544		D			
Common Stock															97,273		I		By Three Colleens Investment, LLC <sup>(2)</sup>	
Common Stock														18,59	06	I		By Stack Schroon Mohawk FLP <sup>(2)</sup>		
Common Stock													315		I		LCK Investment LLC <sup>(2)</sup>			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														*						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	onversion on Exercise rice of erivative and on the control of the				umber vative urities uired or posed O) (Instr.	6. Date Exercisable and Expiration Date (Month/Day/Year)  7. Title and of Securities Underlying Derivative St (Instr. 3 and					ount 8. Price of Derivative Security		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Owners Form: Direct (I or Indire (I) (Instr	Beneficial Ownership oct (Instr. 4)			
									Date		Expiration		Amou or Numb of							
					Code	V	(A)	(D)	Exercis	sable	Date	Title	Share	s						
Stock Option (Right to Buy)	\$10.81	03/31/2022			M			22,500	(3)	)	06/05/2022	Common Stock	22,50	00	\$0.00	22,	,500	D		

## **Explanation of Responses:**

- 1. The option exercise reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan previously adopted by the reporting person in accordance with Rule 10b5-1 of the Securities Exchange Act of
- 2. Mr. Stack and his wife are the owners of each of Three Colleens Investment, LLC and LCK Investment LLC. Mr. Stack is the general partner of Stack Schroon Mohawk FLP.
- 3. The option vested and became exercisable as to 25% of the option shares on June 5, 2013 and as to the remaining shares in successive equal monthly installments for the subsequent 36 months.

## Remarks:

/s/ Kristen Williams, Attorney-04/05/2022 in-Fact

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.