FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C	20549	
vasiiiigion,	D.C.	20049	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* PACE GARY W					2. Issuer Name <b>and</b> Ticker or Trading Symbol Pacira BioSciences, Inc. [ PCRX ]								Relationship neck all app X Direct	licable)	ng Per	rson(s) to Is		
(Last)	(Fi	irst)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/11/2023									r (give title )		Other (s below)	specify
C/O PACIRA BIOSCIENCES, INC.			4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)							6.	ndividual or	Joint/Group	o Filin	g (Check Ar	plicable		
5401 WEST KENNEDY BOULEVARD, SUITE 890					and the state of t									Line)  X Form filed by One Reporting Person Form filed by More than One Reporting				
(Street)														Perso	n		·	
TAMPA	FI	:	33609		Ru	Rule 10b5-1(c) Transaction Indication												
(City) (State) (Zip)						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.												
		Tabl	e I - No	on-Deriv	ative	Sec	uriti	ies Ac	quired,	Dis	sposed o	of, or Be	eneficia	lly Owne	d			
1. Title of Security (Instr. 3)  2. Transacti Date (Month/Day				Execut (Year) if any		xecution Date, any				ties Acquired (A) o d Of (D) (Instr. 3, 4 a		Benefi	ties cially Following	Forn (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price	Transa	eu ction(s) 3 and 4)			(Instr. 4)	
Common Stock 05/11/2			2023	)23			M		7,000	A	\$29.	9 14	4,690		D			
Common	Common Stock 05/11/2		2023	)23		S		5,015	5,015 D \$4		B <sup>(1)</sup> 13	139,675		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Dee Execution if any (Month/		Code (I		of Deri Sec Acq (A) o Disp of (I	oosed D) tr. 3, 4	6. Date Ex Expiration (Month/Da	Dat	е	7. Title an Amount of Securities Underlyin Derivative (Instr. 3 a	of S g e Security	8. Price of Derivative Security (Instr. 5)		Ow For Dire or I (I) (	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	Amount or Number of Shares					
Stock Option (Right to	\$29.9	05/11/2023			M			7,000	(2)		06/12/2023	Common Stock	7,000	\$0.00	0		D	

## **Explanation of Responses:**

- 1. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$41.75 to \$41.85, inclusive. The reporting person undertakes to provide to the issuer, any shareholder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- 2. The stock option vested and became exercisable in twelve equal monthly installments, with the first installment being on July 12, 2013.

## Remarks:

/s/ Kristen Williams, Attorney-

05/15/2023

in-Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.