FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

vvasimigton,	D.O. 20040	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Riker Lauren Bullaro						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]									all applic Directo	nip of Reporting Pe oplicable) ector cer (give title		son(s) to Iss 10% Ov Other (s	vner		
(Last) (First) (Middle) C/O PACIRA BIOSCIENCES, INC.						3. Date of Earliest Transaction (Month/Day/Year) 03/10/2022								X	below)			below)	·		
5401 WEST KENNEDY BOULEVARD, SUITE 890						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) TAMPA	FI		33609		_									X	Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	tate)	(Zip)												Persor	1					
		Tab	le I - No	on-Deriv	ative/	Sec	uriti	ies Ac	quired	l, Di	sposed o	of, or Be	neficia	ally C	Owned	l					
1. Title of Security (Instr. 3)			2. Transac Date (Month/Da	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a		d (A) or r. 3, 4 and	nd 5) Securiti Benefic Owned		es ally Following	Form (D) o	n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership					
									Code	v	Amount	(A) or (D)	Price	- 11	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)		
Common Stock			03/10/	/2022				M		9,300	A	\$10.	81	24	,452		D				
Common Stock			03/10/	2022	2022					8,400	D	\$71.1	4(1)	16	5,052		D				
Common Stock 03/10/				2022	022			S		900	D	\$71.9	\$ 71.95 ⁽²⁾ 15		5,152		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Executic if any (Month/I	on Date,	4. Transaction Code (Instr. 8)		n of		6. Date Exercisa Expiration Date (Month/Day/Yea		te	7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		Deri Sec (Ins	Price of vivative curity str. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	V (A)		(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares	r							
Stock Option (Right to Buy)	\$10.81	03/10/2022			M			9,300	(3)		06/05/2022	Common Stock	9,300	\$	50.00	0		D			

Explanation of Responses:

- 1. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$70.84 to \$71.74, inclusive. The reporting person undertakes to provide to the issuer, any shareholder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set
- 2. The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from \$71.895 to \$72.005, inclusive.
- 3. The option vested and became exercisable as to 25% of the option shares on June 5, 2013 and vested as to the remaining shares in successive equal monthly installments for the subsequent 36 months.

Remarks:

/s/ Kristen Williams, Attorneyin-Fact

** Signature of Reporting Person

03/14/2022

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.