FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT	OF CHA	NGES IN BE	ENEFICIAL	OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     McLoughlin Dennis					2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [ PCRX ]									(Check	all app Direc	,	ng Pei	10% O	
		CIENCES, INC.	3. Date of Earliest Transaction (Month/Day/Year) 06/04/2020									X	belov	below)  Chief Commercial		below)			
Street) PARSIPPANY NJ 07054  (City) (State) (Zip)				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv Line) X	′					
		Table	I - No	on-Deriva	ative S	Secui	rities	Acc	uired	l, Dis	posed of	, or E	Benefic	cially	Own	ed			
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day)						Execution Date,					s Acquired (A) If (D) (Instr. 3, 4		and Secur Benef		cially I Following	Forn (D) c	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) o (D)	r Price	)	Transa	ansaction(s) estr. 3 and 4)			(Instr. 4)
Common Stock 06/04/20				020		S		1,447(1)	D	\$46	6.331 1		4,898(2)		D				
		Tal	ble II								osed of, convertib				Owne	d	,		
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security  3. Transaction Date (Month/Day/Year)		Execu			ansaction ode (Instr.		rative rities gired rosed )	Expiration D		ate	7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		Der Sec (Ins	ivative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	у	Ownershi Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
					Code	\v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	of Shares						

## **Explanation of Responses:**

- 1. Represents shares sold by the reporting person to cover tax obligations upon the vesting of restricted stock units.
- 2. Includes 229 shares of common stock acquired under the issuer's employee stock purchase plan in December 2019.

## Remarks:

/s/ Kristen Williams, Attorney-in-Fact

06/08/2020

Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.