FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Froimson Mark				3. D	2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX] 3. Date of Earliest Transaction (Month/Day/Year)									ck all applic Directo Officer	,		10% Ow Other (s	ner	
(Last)	`	,	(Middle)	06/	06/12/2024								below)	below)		below)			
C/O PACIRA BIOSCIENCES, INC.				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable						
5401 WEST KENNEDY BOULEVARD, SUITE 890													Line) Form filed by One Reporting Person						
(Street)															Form fi Person		e than	n One Repor	ting
TAMPA	FI	_	33609		Ru	ıle	10h5-	1(c)	Trans	act	ion Ind	ication	<u> </u>						
(City)	City) (State) (Zip)				Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution Date		Date,	Transaction Dispo		Disposed	rities Acquired (A) or ed Of (D) (Instr. 3, 4 and			5. Amour Securitie Beneficia Owned F	es Fo ally (D) Following (I)		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D) Pr		Price	Transact (Instr. 3 a	tion(s)			msu. 4)
Common Stock 06/12/2				/2024			Α		5,230 ⁽¹⁾ A		\$ <mark>0</mark>	13,073			D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, rity or Exercise (Month/Day/Year) if any			ate, T	4. Transaction Code (Instr. 8)		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		curity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				c	ode	v	(A)	(D)	Date Exercisal		Expiration Date	Title	OI No	umber					
Stock Option (Right to Buy)	\$28.68	06/12/2024			A		12,179		06/12/202	25 (06/12/2034	Common Stock	1	2,179	\$0	12,179	9	D	

Explanation of Responses:

1. Represents restricted stock units that vest on June 12, 2025, provided that the reporting person remains in continuous service with the issuer through the vesting date. Each restricted stock unit represents the contingent right to receive one share of the issuer's common stock.

Remarks:

/s/ Kristen Williams, Attorney-

06/13/2024

in-Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.