FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	
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STATEMENT	OF CHANGES IN	I BENEFICIAL	OWNERSHIP

OMB APPROVAL											
OMB Number:	3235-0287										
Estimated average burden											
hours per response:	0.5										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CHRISTIE CHRISTOPHER						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]								ck all appli	cable)	ng Per	son(s) to Iss		
	CIRA BIOS	CIENCES, INC.	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 06/09/2020									Officer (give title below)			Other (specify below)	
(Street) PARSIPI		J	07054 (Zip)		4. 11	f Ame	ndment,	Date o	of Original	Filed	(Month/D	ay/Year)		6. Inc	Form	filed by On- filed by Mo	e Rep	g (Check Ap orting Person One Repo	on
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transc Date (Month/D					Execution Date,		Code (Transaction Disposed Code (Instr. 5)		rities Acquired (A) or d Of (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	Amount (A) or (D)		Price	Transaction(s) (Instr. 3 and 4)				(50. 4)
Common Stock 0				06/09	9/2020	/2020		A		1,260 ⁽¹⁾ A		\$0.00	1,	1,260		D			
		Т	able II -								osed of onverti				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemd Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)		n of E		Expiration	5. Date Exercisal Expiration Date Month/Day/Year		Amou		curity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisab		xpiration late	Title	or Nu of	mber ares					
Stock Option (Right to Buy)	\$47.65	06/09/2020			A		8,027		06/09/202	1 0	6/09/2030	Commo Stock		.027	\$0.00	8,027	,	D	

Explanation of Responses:

1. Represents restricted stock units that vest on June 3, 2021, provided that the reporting person remains in continuous service with the issuer through the vesting date. Each restricted stock unit represents the contingent right to receive one share of the issuer's common stock.

Remarks:

/s/ Kristen Williams, Attorney-06/11/2020 ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.