FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-028									
Estimated average burden									
hours per response:	0.5								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* YANG MICHAEL J.					2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]							5. I (Ch	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
<u>YANG</u>	MICHAI	<u> LL J.</u>					Diob	72.7-1	, 1110	<u>- L - </u>	orar j			✓ Directe	or		10% Ow	ner	
(Last)	(F	irst)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 06/12/2024							Officer below	(give title		Other (spelow)	pecify		
C/O PACIRA BIOSCIENCES, INC.				4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)					6. 1	6. Individual or Joint/Group Filing (Check Applicable								
5401 WEST KENNEDY BOULEVARD, SUITE 890					(Line)							
				.									Form filed by One Reporting Person						
(Street)			22.600											Form f		e than	One Report	ting	
TAMPA	FI	_	33609		<u></u>	Dula 40h 5 4/a) Tanana shi na la disadia													
					K	Rule 10b5-1(c) Transaction Indication													
(City) (State) (Zip)				Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.															
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					Execution Date		Date,	Transaction Dispose Code (Instr. 5)		ties Acquir I Of (D) (In:	ed (A) or str. 3, 4 and	Benefici Owned I	es For ally (D) Following (I) (m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) c	Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)	
Common Stock 06/12/				2/2024		A		5,230	(1) A \$		5,230			D					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
Derivative Conversion Date Executi Security or Exercise (Month/Day/Year) if any		3A. Deemed Execution I if any (Month/Day	Date,	t. Fransaction Code (Instr. 3)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	Amount or Number of Shares						
Stock Option (Right to Buy)	\$28.68	06/12/2024			Α		12,179		06/12/202	25 (06/12/2034	Common Stock	12,179	\$0	12,179	9	D		

Explanation of Responses:

1. Represents restricted stock units that vest on June 12, 2025, provided that the reporting person remains in continuous service with the issuer through the vesting date. Each restricted stock unit represents the contingent right to receive one share of the issuer's common stock.

Remarks:

/s/ Kristen Williams, Attorney-

06/13/2024

in-Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.