

OMB APPROVAL	
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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Williams Kristen Marie</u>  (Last) (First) (Middle) <u>C/O PACIRA BIOSCIENCES, INC.</u> <u>5 SYLVAN WAY, SUITE 300</u>  (Street) <u>PARSIPPANY NJ 07054</u>  (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>Pacira BioSciences, Inc. [ PCRX ]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director <span style="float:right">10% Owner</span> <input checked="" type="checkbox"/> Officer (give title below) <span style="float:right">Other (specify below)</span> <u>Chief Administrative Officer</u>
	3. Date of Earliest Transaction (Month/Day/Year) <u>09/15/2020</u>	
	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)  <input checked="" type="checkbox"/> Form filed by One Reporting Person  Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	09/15/2020		M <sup>(1)</sup>		5,832	A	\$40.34	30,719	D	
Common Stock	09/15/2020		M <sup>(1)</sup>		5,832	A	\$32.35	36,551	D	
Common Stock	09/15/2020		M <sup>(1)</sup>		5,499	A	\$44.2	42,050	D	
Common Stock	09/15/2020		M <sup>(1)</sup>		7,874	A	\$38.35	49,924	D	
Common Stock	09/15/2020		M <sup>(1)</sup>		2,816	A	\$43.54	52,740	D	
Common Stock	09/15/2020		S <sup>(1)</sup>		14,622	D	\$59.01 <sup>(2)</sup>	38,118	D	
Common Stock	09/15/2020		S <sup>(1)</sup>		13,231	D	\$59.8 <sup>(3)</sup>	24,887	D	
Common Stock	09/16/2020		M <sup>(1)</sup>		5,832	A	\$40.34	30,719	D	
Common Stock	09/16/2020		M <sup>(1)</sup>		5,832	A	\$32.35	36,551	D	
Common Stock	09/16/2020		M <sup>(1)</sup>		5,499	A	\$44.2	42,050	D	
Common Stock	09/16/2020		M <sup>(1)</sup>		7,874	A	\$38.35	49,924	D	
Common Stock	09/16/2020		M <sup>(1)</sup>		2,816	A	\$43.54	52,740	D	
Common Stock	09/16/2020		S <sup>(1)</sup>		6,609	D	\$59.54 <sup>(4)</sup>	46,131	D	
Common Stock	09/16/2020		S <sup>(1)</sup>		21,244	D	\$60.33 <sup>(5)</sup>	24,887	D	
Common Stock	09/17/2020		M <sup>(1)</sup>		5,836	A	\$40.34	30,723	D	
Common Stock	09/17/2020		M <sup>(1)</sup>		5,836	A	\$32.35	36,559	D	
Common Stock	09/17/2020		M <sup>(1)</sup>		5,502	A	\$44.2	42,061	D	
Common Stock	09/17/2020		M <sup>(1)</sup>		7,878	A	\$38.35	49,939	D	
Common Stock	09/17/2020		M <sup>(1)</sup>		2,819	A	\$43.54	52,758	D	
Common Stock	09/17/2020		S <sup>(1)</sup>		24,671	D	\$59.77 <sup>(6)</sup>	28,087	D	
Common Stock	09/17/2020		S <sup>(1)</sup>		3,200	D	\$60.22 <sup>(7)</sup>	24,887	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V		Date Exercisable	Expiration Date						Title
Stock Option (Right to Buy)	\$40.34	09/15/2020		M		5,832	(8)	06/15/2026	Common Stock	5,832	\$0.00	11,668	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  
(e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (Right to Buy)	\$32.35	09/15/2020		M			5,832	(8)	12/07/2026	Common Stock	5,832	\$0.00	14,168	D	
Stock Option (Right to Buy)	\$44.2	09/15/2020		M			5,499	(8)	06/14/2027	Common Stock	5,499	\$0.00	16,501	D	
Stock Option (Right to Buy)	\$38.35	09/15/2020		M			7,874	(9)	06/13/2028	Common Stock	7,874	\$0.00	39,376	D	
Stock Option (Right to Buy)	\$43.54	09/15/2020		M			2,816	(9)	06/05/2029	Common Stock	2,816	\$0.00	30,984	D	
Stock Option (Right to Buy)	\$40.34	09/16/2020		M			5,832	(8)	06/15/2026	Common Stock	5,832	\$0.00	5,836	D	
Stock Option (Right to Buy)	\$32.35	09/16/2020		M			5,832	(8)	12/07/2026	Common Stock	5,832	\$0.00	8,336	D	
Stock Option (Right to Buy)	\$44.2	09/16/2020		M			5,499	(8)	06/14/2027	Common Stock	5,499	\$0.00	11,002	D	
Stock Option (Right to Buy)	\$38.35	09/16/2020		M			7,874	(9)	06/13/2028	Common Stock	7,874	\$0.00	31,502	D	
Stock Option (Right to Buy)	\$43.54	09/16/2020		M			2,816	(9)	06/05/2029	Common Stock	2,816	\$0.00	28,168	D	
Stock Option (Right to Buy)	\$40.34	09/17/2020		M			5,836	(8)	06/15/2026	Common Stock	5,836	\$0.00	0	D	
Stock Option (Right to Buy)	\$32.35	09/17/2020		M			5,836	(8)	12/07/2026	Common Stock	5,836	\$0.00	2,500	D	
Stock Option (Right to Buy)	\$44.2	09/17/2020		M			5,502	(8)	06/14/2027	Common Stock	5,502	\$0.00	5,500	D	
Stock Option (Right to Buy)	\$38.35	09/17/2020		M			7,878	(9)	06/13/2028	Common Stock	7,878	\$0.00	23,624	D	
Stock Option (Right to Buy)	\$43.54	09/17/2020		M			2,819	(9)	06/05/2029	Common Stock	2,819	\$0.00	25,349	D	

**Explanation of Responses:**

- The option exercises and sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan previously adopted by the reporting person in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$58.455 to \$59.445, inclusive. The reporting person undertakes to provide to the issuer, any shareholder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes 2 through 7.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$59.455 to \$60.100, inclusive.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$58.990 to \$59.980, inclusive.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$60.005 to \$60.915, inclusive.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$59.130 to \$60.120, inclusive.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$60.130 to \$60.370, inclusive.
- The stock option vested and became exercisable as to 25% of the option shares on the first anniversary of the grant date, and vested as to the remaining shares in successive equal quarterly installments over the subsequent three years, provided that the reporting person remained in continuous service with the issuer as of each vesting date.
- The stock option vested and became exercisable as to 25% of the option shares on the first anniversary of the grant date, and vests as to the remaining shares in successive equal quarterly installments over the subsequent three years, provided that the reporting person remains in continuous service with the issuer as of each vesting date.

**Remarks:**

/s/ Kristen Williams

09/17/2020

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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