FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

I

OMB Number:	umber: 3235-0287					
Estimated average burden						
hours per response	: 0.5					

Instruction	1(b).	File	ed pursuant to Section 16(a) of the Securities Exchange Act of 193		hours per response: 0.5			
	. /		or Section 30(h) of the Investment Company Act of 1940		-			
1. Name and Address of Reporting Person* Froimson Mark		J Person [*]	2. Issuer Name and Ticker or Trading Symbol <u>Pacira BioSciences, Inc.</u> [PCRX]		ationship of R k all applicabl	Reporting Person(s) to Issuer ble)		
				X	Director		10% Owner	
				-	Officer (giv below)	e title	Other (specify below)	
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/09/2022	1	Delow)		Delow)	
C/O PACIR	A BIOSCIENCE	ES, INC.	05/09/2022	1				
5401 WEST	KENNEDY BC	ULEVARD, SUITE						
890			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street)			-	X	Form filed	by One Re	porting Person	
TAMPA	FL	33609	_		Form filed Person	by More tha	an One Reporting	
(City)	(State)	(Zip)						
		Table I - Non-Deriv	vative Securities Acquired, Disposed of, or Bene	eficially	/ Owned			

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5			Securities Beneficially		7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130. 4)
Common Stock	05/09/2022		S		1,000	D	\$59.37 ⁽¹⁾	4,908	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

6. Date Exercisable and 7. Title and 1. Title of 3. Transaction 3A. Deemed 5. Number 8. Price of 9. Number of 10. 11. Nature Expiration Date (Month/Day/Year) Ownership Derivative Conversion Date (Month/Day/Year) Execution Date, Transaction Amount of Derivative derivative of Indirect Derivative or Exercise Price of Derivative Security (Instr. 3) if any Code (Instr. 8) Securities Security (Instr. 5) Securities Form: Direct (D) Beneficial (Month/Day/Year) Underlying Derivative Securities Beneficially Ownership or Indirect (I) (Instr. 4) Acquired Owned (Instr. 4) (A) or Disposed of (D) (Instr. 3, 4 Security (Instr. Security Following 3 and 4) Reported Transaction(s) (Instr. 4) and 5) Amount Number Date Expiration of Code v (A) (D) Exercisable Date Title Shares

Explanation of Responses:

1. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$59.36 to \$59.41, inclusive. The reporting person undertakes to provide to the issuer, any shareholder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Remarks:



** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

05/11/2022

Date