FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washingt

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

on, D.C. 20549	OMB A

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL							
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1. Name and Address of Reporting Person*  Brege Laura					2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [ PCRX ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner						
(Last)	(Fir	3. Date of Earliest Transaction (Month/Day/Year) 08/16/2024									er (give title		Other (s below)						
(Last) (First) (Middle) C/O PACIRA BIOSCIENCES, INC. 5401 WEST KENNEDY BOULEVARD, SUITE 890					4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Ind Line)							
(Street) TAMPA						Rule 10b5-1(c) Transaction Indication													
(City)	(Sta	ate) (Z	Zip)		Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Table	I - No	n-Deriva	tive S	Secui	rities	Acq	uired,	Dis	posed of	, or E	Benef	ficiall	y Own	ed			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day					Execution		ution [	Date,	Code (Instr.					, 4 and Secur Benef Owne		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) (D)	or Pi	rice	Transa	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)
Common Stock 08/16/2					2024				P		1,000	A \$12		12.81	81 17,552			D	
		Tal									osed of, convertib				Owne	d			
1. Title of Derivative Security (Instr. 3)			ion Date,	4. Transaction Code (Instr. 8)		5. Nu of Deriv Secu Acqu (A) or Dispo of (D) (Instr	rities lired r osed ) 1. 3, 4	Expiration D (Month/Day/		ite	7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		De Se (In	Price of rivative curity str. 5)	tive derivative ty Securities		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code V		(A)	(D)	Date Exercisable		Expiration Date	Amour or Number of Title Shares		er					

**Explanation of Responses:** 

Remarks:

/s/ Kristen Williams, Attorney-in-Fact

\*\* Signature of Reporting Person Date

08/19/2024

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.