FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D	.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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hours per response	: 0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Brege Laura						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]									eck all app	tor	ng Per	10% O	wner		
C/O PACIRA BIOSCIENCES, INC.						3. Date of Earliest Transaction (Month/Day/Year) 06/05/2020										Officer (give title below)		Other (below)	specify		
5 SYLVAN WAY, SUITE 300						4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)			_													X Form filed by One Reporting Person					
PARSIPI	PANY	NJ	0'	7054												Form Pers	filed by Mo on	re tha	n One Rep	orting	
(City)		(Stat	e) (Z	ip)																	
			Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	Bene	ficial	ly Own	ed				
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day					Execution Date,				es Acquired (A Of (D) (Instr. 3,			Securi Benefi	Amount of curities neficially rned Following		vnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
			Code	v			Amount	(A) (D)	or F	Price	Transa	Transaction(s) (Instr. 3 and 4)			(1130.4)						
Common Stock 06/05/2						2020			S		2,100(1)	,100 ⁽¹⁾ D		\$48.7	· €	6,661		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, ecurity or Exercise (Month/Day/Year) if any			4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		str.	s. Price of Perivative Security Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)			
						Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amo or Num of Shar	ber						

Explanation of Responses:

1. Represents shares sold by the reporting person to cover tax obligations upon the vesting of restricted stock units.

Remarks:

/s/ Kristen Williams, Attorney-in-Fact

06/08/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.