Instruction 1(b)

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* McLoughlin Dennis					<u>Pa</u>	2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]									k all applic Directo Officer	utionship of Reporting all applicable) Director Officer (give title below)		Person(s) to Issuer 10% Owner Other (specify below)		
	`	CIENCES, INC.	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 06/09/2021									C	Chief Customer Officer				
(Street) PARSIPE		-	07054		4.1	4. If Amendment, Date of Original Filed (Month/					(Month/Da	ay/Year)		Line)	ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(5	·	(Zip)																	
		Tab	le I - Non	-Deriv	/ativ	e Se	curities	s Ac	quired,	Dis	posed o	f, or Be	nefic	ially	Owned					
1. Title of Security (Instr. 3) 2. Trans. Date (Month/I					Execution Date,		Code	Transaction Disposed Of (D) (II Code (Instr. 5)		d Of (D) (In	str. 3, 4		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	nount (A) or Pr			ce			, ,		
Common Stock 06/09/				9/202	/2021		A		6,000	5,000 ⁽¹⁾ A \$		0.00	33,541			D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/\)	ate,	4. Transa Code (l 8)		of		Expiratio	5. Date Exercisal Expiration Date (Month/Day/Year)		of Securi Underlyii Derivativ	Title and Amount Securities nderlying erivative Security estr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amor or Numi of Share	ber						
Stock Option (Right to Buy)	\$60.96	06/09/2021			A		15,000		(2)	(06/09/2031	Common Stock	15,0	000	\$0.00	15,000	0	D		

Explanation of Responses:

- 1. Represents restricted stock units that vest in four equal annual installments beginning on June 3, 2022, provided that the reporting person remains in continuous service with the issuer as of each vesting date. Each restricted stock unit represents the contingent right to receive one share of the issuer's common stock
- 2. The stock option vests and becomes exercisable as to 25% of the option shares on the first anniversary of the grant date, and vests as to the remaining shares in successive equal quarterly installments over the subsequent three years, provided that the reporting person remains in continuous service with the issuer as of each vesting date.

Remarks:

/s/ Kristen Williams, Attorneyin-Fact

** Signature of Reporting Person Date

06/11/2021

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.