

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001184778
Filer CCC XXXXXXXXX
Is this a LIVE or TEST Filing? LIVE TEST

Submission Contact Information

Name
Phone
E-Mail Address

144: Issuer Information

Name of Issuer Pacira BioSciences, Inc.
SEC File Number 001-35060
Address of Issuer 5401 WEST KENNEDY BOULEVARD
SUITE 890
TAMPA
FLORIDA
33609
Phone 813-553-6680
Name of Person for Whose Account the Securities are To Be Sold PACE GARY W

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Board member

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
Common	Merrill Lynch 7825 Fay Avenue Suite 300 La Jolla CA 92037	120483	3575000.00	46500778	03/06/2024	NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Date you Acquired	Nature of Acquisition	Name of Person from	Is this	Date Donor	Amount of Securities	Date of Payment	Nature of Payment *
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	Transaction	Whom Acquired	a Gift?	Acquired	Acquired	
Common	06/03/2016 RSUs	Pacira Biosciences Inc	<input type="checkbox"/>	2000	06/03/2016	net shares from RSU vest
Common	06/03/2017 RSUs	Pacira Biosciences Inc	<input type="checkbox"/>	1488	06/03/2017	net shares from RSU vest
Common	11/07/2018 open market	Pacira Biosciences Inc	<input type="checkbox"/>	4000	11/07/2018	cash
Common	11/19/2018 open market	Pacira Biosciences Inc	<input type="checkbox"/>	4500	11/19/2018	cash
Common	06/03/2019 RSUs	Pacira Biosciences Inc	<input type="checkbox"/>	1357	06/03/2019	net shares from RSU vest
Common	06/03/2019 RSUs	Pacira Biosciences Inc	<input type="checkbox"/>	782	06/03/2019	net shares from RSU vest
Common	03/12/2020 options exercise	Pacira Biosciences Inc	<input type="checkbox"/>	4649	03/12/2020	cash
Common	03/12/2020 options exercise	Pacira Biosciences Inc	<input type="checkbox"/>	4649	03/12/2020	cash
Common	03/12/2020 options exercise	Pacira Biosciences Inc	<input type="checkbox"/>	7438	03/12/2020	cash
Common	03/12/2020 options exercise	Pacira Biosciences Inc	<input type="checkbox"/>	5000	03/12/2020	cash
Common	06/03/2020 RSUs	Pacira Biosciences Inc	<input type="checkbox"/>	4134	06/03/2020	net shares from RSU vest
Common	09/25/2020 options exercise	Pacira Biosciences Inc	<input type="checkbox"/>	70000	09/25/2020	cash
Common	06/03/2021 RSUs	Pacira Biosciences Inc	<input type="checkbox"/>	1260	06/03/2021	net shares from RSU vest
Common	03/03/2022 options exercise	Pacira Biosciences Inc	<input type="checkbox"/>	7000	03/03/2022	cash
Common	06/03/2022 RSUs	Pacira Biosciences Inc	<input type="checkbox"/>	1066	06/03/2022	net shares from RSU vest
Common	06/06/2023 RSUs	Pacira Biosciences Inc	<input type="checkbox"/>	1160	06/06/2023	net shares from RSU vest

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report

144: Remarks and Signature

Remarks

Date of Notice

03/06/2024

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

Gary Pace

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)