FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549	
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OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Froimson Mark						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]									all applicable) Director		ng Person(s) to Issu		vner
(Last) (First) (Middle) C/O PACIRA BIOSCIENCES, INC.							3. Date of Earliest Transaction (Month/Day/Year) 06/09/2021									Officer (give title below)		Other (below)	specify
5 SYLVA	AN WAY, S	4. It	If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable							
(Street) PARSIPPANY NJ 07054															X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(S	tate)	(Zip)																
		Tab	le I - Nor	n-Deriv	ative	e Se	curitie	s Ac	quired,	Dis	posed o	of, or Be	neficia	lly Ow	ned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/Date)						Execution Date,			Transaction Disposed Code (Instr. 5)			ities Acquir d Of (D) (Ins		and Securitie Benefici		es For ally (D) Following (I)		n: Direct r Indirect sstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
										v	Amount	(A) or (D)		Tran	nsaction(s) tr. 3 and 4)				
Common Stock 06/09/2					9/2021	2021		A		1,066	(1) A \$		00	6,308			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transact Code (Ins				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price Derivating Security (Instr. 5)		9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisab	le E	expiration late	Title	Amoun or Number of Shares						
Stock Option (Right to Buy)	\$60.96	06/09/2021			A		7,626		06/09/202	2 0	6/09/2031	Common Stock	7,626	\$0.00		7,626		D	

Explanation of Responses:

1. Represents restricted stock units that vest on June 3, 2022, provided that the reporting person remains in continuous service with the issuer through the vesting date. Each restricted stock unit represents the contingent right to receive one share of the issuer's common stock.

Remarks:

/s/ Kristen Williams, Attorney-06/11/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.