FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

# **OMB APPROVAL**

3235-0287 Estimated average burden hours per response: 0.5

#### Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  WILLIAMS KRISTEN						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [ PCRX ]									k all app Direc	licable) tor	ng Pe	10% O	vner
(Last)	(Last) (First) (Middle) C/O PACIRA BIOSCIENCES, INC.					3. Date of Earliest Transaction (Month/Day/Year) 06/03/2024									Officer (give title below)  Chief Administrative Officer			` '	
5401 WEST KENNEDY BOULEVARD, SUITE 890					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Indi Line)	Form filed by One Reporting Person				on
(Street)															Form filed by More than One Reporting Person				
TAMPA FL 33609					Rule 10b5-1(c) Transaction Indication														
(City)	(City) (State) (Zip)				Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Date)						Exec if any	Deemed ution Date, / th/Day/Year)				es Acquired (A) o Of (D) (Instr. 3, 4				ties For cially (D) I Following (I)		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount	(A) (D)	(A) or (D) Pri		Transa	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Common Stock 06/03/2					2024				F <sup>(1)</sup>		3,011	D	\$3	0.89 56		5,064		D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)			ion Date,	Date, Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisabl Expiration Date (Month/Day/Year)		ite	7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		De Se (In:	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amour or Number of Shares	r					

#### **Explanation of Responses:**

1. Represents shares withheld by the issuer to cover tax withholding obligations upon vesting of a restricted stock unit award.

### Remarks:

/s/ Kristen Williams

06/05/2024

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.