FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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l	OMB APPROVAL										
ı											
l	OMB Number:	3235-0287									
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	Check this box if no longer subjec
)	to Section 16. Form 4 or Form 5
J	obligations may continue. See
	Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name a	2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [ PCRX ]										k all app Direc Office	tionship of Report all applicable) Director Officer (give title		10% O					
(Last)	ast) (First) (Middle) /O PACIRA BIOSCIENCES, INC.						3. Date of Earliest Transaction (Month/Day/Year) 06/06/2023								below) Chief Fina		ncial	below) Officer	
5401 WI 890	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicabl Line)  X Form filed by One Reporting Person					son				
(Street) TAMPA	•				Form filed by More than One Reporting Person  Rule 10b5-1(c) Transaction Indication												oorting		
(City) (State) (Zip)						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	I - No	on-Deriva	tive S	ecur	ities	Acc	quired,	, Dis	sposed of	f, or E	3enefi	cially	<b>Owr</b>	ned			
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/V					Execution Date,			3. Transaction Code (Instr. 8)  4. Securities Act Disposed Of (D) 5)				Acquired (A) or f (D) (Instr. 3, 4 and		Beneficially Owned Following		Forr (D) (	n: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Code	v	Amount	(A) ( (D)	Price	<b>:</b>	Reported Transaction(s) (Instr. 3 and 4)							
Common	Stock	)23				S		1,236(1)	D	\$38	\$38.991		34,997		D				
Common	023				S		1,371(1)	D	\$37	.865	5 33,626		D						
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security					ransaction ode (Instr. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Expiration Exercisable Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and Or Numb of Title Share		unt ber		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

## Explanation of Responses:

1. Represents shares sold by the reporting person to cover tax obligations upon the vesting of restricted stock units.

## Remarks:

/s/ Kristen Williams, Attorney-in-Fact 06/07/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.